

Jeremiah House

Mentor Program

This Program connects women of the Jeremiah House to women in the community in order to build a support system to help them grow and sustain then into the future.

Do you have a compassionate heart?

Could you teach and give guidance on life skills?

Are you a good listener?

Would you like to share your God given gift?

ROLES OF A MENTOR

Meet with the a one of our women weekly

Provide guidance and encouragement

Identify learning opportunities for her

Expose her to new ideas

Provide helpful resources

Share personal experiences and perspectives

Expectations

Mentor Expectations

- Commit to meet with your mentee a minimum of one hour a week
- Establish trust and maintain confidentiality
- Identify learning opportunities for the mentee
- Exposure to new ideas
- Provide resources for the mentee
- Share personal experiences and perspectives
- Show respect

Mentee Expectations

- Commit to meeting with mentor a minimum for one hour a week
- Show mutual respect
- Trust your mentor
- Maintain Confidentiality
- Take action for self-development
- Contribute ideas for solving any given issue
- Be open to candid feedback
- Be willing to discuss failures and successes

Role's

Mentor's Role

- A TEACHER
- AN ADVISOR
- A LISTENER
- A COUNSELOR
- A SOUNDING BOARD
- A SPONSOR
- A ROLE MODEL
- A COACH

Mentee's Role

- A SELF MOTIVATOR-COMMIT THE TIME-MAKE THE EFFORT
- A LEARNER-WILLING TO LEARN AND GAIN VALUABLE EXPERIENCE
- A COMMUNICATOR-OPENLY TALKS ABOUT NEEDS, CONCERNS, AND IDEAS FOR AN ACTION PLAN
- AN ACHIEVER-SETS GOALS

TOP 10 THINGS THAT MAKE A MENTORING RELATIONSHIP WORK

1. Be accessible
2. Set clear developmental objectives
3. Dedicate sufficient time
4. Guide mentee on resolution of challenging situations
5. Seek learning opportunities for the mentee
6. Respect confidentiality at all times
7. Embrace relationship with passion and commitment
8. Be prepared to listen to the mentee's fears or concerns
9. Be open minded and willing to embrace diverse perspectives
10. Establish consistency and commit to regularly touch base

BOOKS ON MENTORING

WOMAN TO WOMAN™ PREPARING YOURSELF TO MENTOR

BY EDNA ELLISON, TRICIA SCRIBNER

SCRIPTURE

COLOSSIANS 3:12-17

12: God has chosen you. You are holy and loved by Him. Because of this, your new life should be full of loving -pity. You should be kind to others and have no pride. Be gentle and be willing to wait for others.

13: Try to understand other people. Forgive each other. If you have something against someone, forgive him. That is the way the Lord forgave you.

14: And to all these things, you must add love. Love holds everything and everybody together and makes all these good things perfect.

15: Let the peace of Christ have power over your hearts. You were chosen as a part of His body. Always be thankful.

16: Let the teaching of Christ and His words keep on living in you. These make your lives rich and full of wisdom. Keep on teaching and helping each other. Sing the Song of David and the church songs and the songs of heaven with hearts full of thanks to God.

17: Whatever you say or do, do it in the name of the Lord Jesus. Give thanks to God the Father through the Lord Jesus.